Family trip itinerary

Plan each day around naps, feeds and travel time.

Trip basics

Destination

Dates

Who's travelling (ages)

Booking references

Day plan (copy for each day)

Date / day

Wake-up and breakfast

Morning plan

Nap time and where (pram, cot, car)

Lunch

Afternoon plan

Dinner and bath

Bedtime

Back-up plan if it rains or someone is poorly

Travel day

Leave home at

Check-in / boarding time

Feeds and snacks during travel

Nappy-change stops

Pushchair: gate-check or hold?

Arrival transfer